

## Outline Worksheet

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STUDENT'S NAME: \_\_\_\_\_

SPEECH #: \_\_\_\_\_

GENERAL PURPOSE: Addressing abuse in nursing homes

SPECIFIC PURPOSE: Increase the public's awareness about the need in stricter regulations

CENTRAL IDEA: Stricter regulations can prevent abuse in nursing homes

### SUPPORTING MATERIALS:

1. Source(s): Yang, B. K., Johantgen, M. E., Trinkoff, A. M., Idzik, S. R., Wince, J., & Tomlinson, C. (2020). State nurse practitioner practice regulations and U.S. Health care delivery outcomes: A systematic review. *Medical Care Research and Review*, 78(3), 183–196. <https://doi.org/10.1177/1077558719901216>

2. Visual Aid(s): Nursing home abuse statistics

## OUTLINE

### I. INTRODUCTION

- A. Attention Getting Device -- Imagine a scenario where your elderly loved one resides in a nursing home, hoping to receive the best care and support in their golden years. However, they experience neglect, abuse, and inadequate maintenance instead of being treated with compassion and respect. This is a reality for many seniors due to the lack of strict regulations in nursing homes.
- B. Preview - Today, I want to discuss the importance of stricter nursing home regulations. By supporting these regulations, we can ensure the well-being and dignity of our elderly population.

### II. BODY

- A. Current regulations need to be revised to ensure the safety of nursing home residents. The incidents involving falls, infections, and medication errors are alarmingly high. Stricter regulations can address these issues by implementing enhanced safety measures (Yang et al., 2020). Regular inspections, safety protocols, and rigorous enforcement of safety standards can prevent unnecessary harm and protect vulnerable residents in nursing homes
- B. Another pressing issue in nursing homes is inadequate staffing. Many facilities need to be more staffed, leading to compromised care and neglect of residents. Stricter regulations can enforce minimum staffing ratios, ensuring enough caregivers to attend to the needs of each resident (Yang et al., 2020). Increased

staffing levels can improve response times, prevent neglect, and enhance the overall quality of care.

- C. The lack of accountability in the nursing home industry is deeply concerning. Nursing homes often need more regulations to avoid the consequences of their substandard practices. Stricter regulations can hold these facilities accountable for their actions (Yang et al., 2020). Implementing penalties, fines, and regular audits can discourage negligence and abuse, creating a culture of responsibility and care within nursing homes.

### **III. CONCLUSION**

- A. Summary -- In summary, stricter nursing home regulations are crucial to safeguard the well-being and safety of our elderly population. Enhanced safety measures, improved staffing ratios, and increased accountability are necessary to prevent neglect, abuse, and inadequate care in nursing homes.
- B. It is our moral duty to protect and honor our aging population.
- C. Concluding Device – Together, we can make change by demanding stricter nursing home regulations. By doing so, we will protect our loved ones, ensure their dignity, and create a better future for our aging population. The care we provide for our elders reflects the values of our society, and it is time to prioritize their well-being. Thank you for your attention. Let us take action and make a positive change in the lives of our elderly citizens.